

Child's Name

Date of Birth

#3-TAKES ACTIONS TO MEET NEEDS

Expected Age Level for Achievement of skill	Directions (+) Displays Skill (-) Does not Display Skill 1. BEGIN Tracking Near 50% of the Child's Chronological Age 2. Work Backwards Until you get 3 Consecutive (+) ...Then Move Forward.... 3. STOP After 3 Consecutive (-) 4. Functional Age is the Age Level at the Last (+)... Before the 3 Consecutive (-)	Date of Administration			Mark Approx. Functional Age for Child at Time of Admin. Here Functional Age:
		Entry	Exit		
		Chronological Age at Administration			
		Entry	Exit		
		Administration Trials			
		Entry	Exit	Descriptors:	
1 Month	Grasping Reflex is present			Child will close their hand and hold onto a finger tightly when it is placed in their palm	
	Hands are fisted most of the time			Fisted hands are expected and typical at this age	
	Has a coordinated suck/swallow/breathe pattern during breast or bottle feeding			Child takes bottle or breast without choking, gagging, sputtering or excessive reflux (vomiting)	
	Infant stays in Fetal Position (body curled up as if still in the womb) most of the time			Body mostly flexed, does not arch body or extend arms very much	
2 Months	Can turn head side to side while on stomach.				
	Moves eyes from one object to another				
	Slight head lag may be present			Head falls back (lags) only slightly when pulled up from their back to a sitting position—head shouldn't fall back completely at this age	
3 months	Props on arms to raise head and upper body off the ground			Child should be placed on belly to determine if skill is present	
	Is active when awake			Kicks legs, turns head, moves arms	
	Looks at own hands intently			Holds own hands in front of eyes and seems content looking at them	
4 Months	Head is steady while supported in a sitting position			Can keep head upright and centered while in supported sit	
	Grasps objects with entire hand				
	Hands are open or semi-open majority of the time			Hands should not be fisted at this age	
	Reaches for objects with both arms at the same time			Should not only be using one hand for reaching—should use both hands equally	
5 Months	Spontaneously picks up toys			Reaches accurately and is able to pick up objects using both their right and/or left hand	
	Looks at toys and seems interested in them				

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		Entry	Exit	Descriptors:	Functional Age:
5 Months	Able to eat cereal or pureed foods without gagging			Gagging the first few feeding is OK, but should disappear—feeding should not be difficult for parent or child	
	Forward protective reactions are present			Arms go out and forward to protect child from falling forward	
6 Months	Beginning to sit alone				
	Beginning to hold their own bottle				
	Rolls in both directions			Belly to back & back to belly	
7 Months	Rakes at small objects			Uses all four fingers to try to pick up small objects, such as cereal pieces	
	Gets on hands and knees and rocks back and forth				
	May scoot backwards when on stomach				
	Bites and chews on toys				
	Munches on soft cookie or graham cracker				
8 Months	Bangs objects together in the center of their body				
	Pulls self to a standing position			Independently pulls self to stand, using furniture or toys	
	Sits alone well			Does not lose balance when sitting up	
9 Months	Crawls forward on hands and knees				
10 Months	Reaches for objects that are out of reach				
	Beginning to eat finger foods			Soft fruits, cheeses, crackers and veggies—OK with a variety of textures	
	Beginning to stand alone			Briefly freeing hands from the furniture or from an adult	
11 Months	Uses pincer grasp			index finger to thumb to pick up small objects	
	Cruises			Leans on furniture to help them walk	
	Crawls quickly and skillfully				
	Holds crayon in a fistful grasp and "dots" at paper			Is not yet scribbling	
12 Months	Drinks from a regular/open cup (when it is held for them)				
	Shows interest in using a spoon and tries to help feed self			Messy and unskilled, but attempts	
	Chews with gums or molars in a coordinate manner				
	Gives object to an adult, when asked			"Give me the block..." while holding out your hand	
13 Months	Stands alone well			Without support and without falling	
14 Months	Walks unassisted			May fall often	
	Points with their index finger			Points to pictures in books and to things they want in the house	
	Places rings on a stand				
15 Months	Develops likes and dislikes of foods				
	Good control of regular/open cup while drinking			Needs supervision, occasionally spills	
	Scribbles with crayons				
	Pulls socks off				
16 Months	Picks up objects and throws them forward: toys, balls, etc.			Throws forward with intent instead of behind self or up in the air	
	Turns 2-3 pages in a board book at one time				
	Walks with good control and few falls				
17 Months	Sleeps 10-12 hours per night				

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		Entry	Exit	Descriptors:	Functional Age:
18 Months	Helps dress and undress self by moving arms and legs				
	Runs falling occasionally				
	Climbs stairs with only one hand held for support				
19 Months	No longer puts toys or non-food items in mouth				
20 Months	Kicks a still ball forward				
	Squats frequently during play				
21 Months	Tries to help wash face and hands				
22 Months	Will play alone for a few minutes				
	Imitates circular scribble				
23 months	Says 3-4 word statements				
	Turns board book page one at a time				
24 Months	Brushes teeth with assistance				
25 Months	Holds paper and is able to snip with scissors			Blunt scissors with adult supervision—puts scissors on independently, opens and cuts paper in one place, using one hand to cut and the other to hold the paper	
26 Months	Jumps up and down with feet together			Rarely falls or loses balance	
	Helps clean up or put things away				
27 Months	Refers to self as "me"			"Me" go to store	
	Uses feet to propel 3-wheel toy			Uses feet instead of pedal to propel—may try to pedal	
29 Months	Tries to undress self			Needs assistance but shows interest	
30 Months	Uses 3-4 fingers and thumb to grasp crayon.			Crayon is held upright and grasp is beginning to resemble that of an adult	
	Jumps in place without falling			Does not fall or flail about	
	Shows interest in Potty Training			May indicate need to go to the bathroom—May continue to have accidents	
31 Months	Helps with bathing			Tries to wash self, help dry, etc.	
32 Months	Walks up and down stairs unassisted			May hold the rail to steady self, but is able to walk without the rail as well—seems steady and secure	
34- 36 Months	Beginning to imitate table manners of an adult				
	Pedals a 3-wheel toy independently				

Birth to 36 Month/Checklist/Takes Actions to Meet Needs/created 12/12/05 jamrevised 8/28/06